

## Allegiance Product Spotlight

Each month we will feature one of our preferred vendor partners and their products & programs.

Cigna continues to expand access for members through the addition of virtual healthcare options. Scroll down to learn more about our in-network virtual care clinics: Heartbeat Health, Oshi Health, and Visana. These services are available to all health plan members accessing a Cigna network, including Allegiance Provider Direct, and are covered based on the associated benefits in your current plan document.



### **An in-network virtual care clinic offering cardiovascular care from anywhere.**

*Available through the Cigna Provider Network. Simply schedule a convenient virtual visit and pay your in-network cost-share.\**

Introducing heart care that's easy and convenient to help prevent, manage, and treat heart conditions from the comfort of home. Day and evening appointments available with a team of cardiologists, nurse practitioners, physician assistants, and registered nurses.



When necessary, Heartbeat Health<sup>TM</sup> will coordinate any necessary testing, manage medications, and work closely with local providers for advanced care.

### **Examples of conditions commonly treated:**

- Atrial fibrillation
- Heart failure
- Vascular disease
- Post-acute care

Heartbeat Health is available as an extension of your members' care team, available to provide support in between visits and to collaborate with providers to ensure care is coordinated.

**A faster path to specialized care.**

Virtual appointments typically scheduled within five days.

**Evidence-based approach.**

Clinically guided treatments, medication management and recommendations.

**Convenient care is one click away.**

No apps to download - just click on a link to connect to your virtual care.

**Get Started with Heartbeat Health**



**OSHI HEALTH**

**An in-network virtual care clinic for digestive issues, without the wait.**

*Available to you through the Cigna Provider Network. Simply schedule a convenient virtual visit and pay your in-network cost-share.\**

Access to next-day virtual visits with a team of gastrointestinal (GI) providers, registered dietitians, and gut-brain specialists. Find lasting relief for symptoms and conditions, including:

- Abdominal Pain and Bloating
- Acid Reflux & Gastroesophageal Reflux Disease (GERD)
- Crohn's Disease and Ulcerative Colitis
- Irritable Bowel Syndrome (IBS)
- Undiagnosed GI Symptoms
- And hundreds of other GI issues



**For members who already work with a GI doctor:**

Oshi Health's multidisciplinary experts are available to provide medical, dietary, and gut-brain support between in-person visits.

**Care for the whole you.**

GI experts treat the root cause of gut health issues, delivering personalized care plans to provide relief.

**Clinically proven approach.**

Evidence-based methodology helps identify triggers for digestive care issues from proven relief.

### Quick, convenient access.

A team of GI experts, there when you need them, including evenings and weekends.

Get Started with Oshi Health



### An in-network virtual care clinic for women at every stage of life.

Available to you through the Cigna Provider Network, Visana is a virtual women's health clinic where you can find answers to new symptoms or existing diagnoses. Simply schedule a convenient virtual visit and pay your in-network cost-share.\*



#### Get support for:

- **Preventive care** like well-woman visits, fertility assessments, mental health assessments, preventive screenings, and health coaching
- **Gynecological, sexual, and reproductive health** like heavy bleeding, painful periods, vaginal infections, fibroids, and endometriosis
- **Hormone and metabolic health** like irregular periods, sudden weight gain or loss, polycystic ovary syndrome (PCOS), and thyroid issues
- **Menopause and perimenopause** with hormonal and non-hormonal treatment options

Visana's virtual clinic is open Monday-Friday, 8am-9pm ET and Saturday 8am-2pm ET.

### Visana delivers care that connects all the pieces of a woman's health, providing them with:

#### A care team who listens.

A member's concerns are valid and deserve to be heard - today. Get to the root cause of symptoms with clinicians highly trained in women's health.

#### Comprehensive and compassionate virtual care.

Women's health care should recognize the full picture of a woman's health, whether anxiety or arthritis. Our approach to treatment respects everyone's individual journey.

### Convenience.

No need to travel hours or sit in traffic to get to a women's health expert. Access care in days, not weeks.

**Get Started with Visana**

Heartbeat Health, Oshi Health, and Visana are available through the Cigna Provider Network. Simply schedule a convenient virtual visit and pay your in-network cost-share.\*

**Reach out to your Allegiance Account Executive for more details.**

*\*Standard copays or coinsurance will apply. Not all groups allow coverage for telemedicine. Please review your Summary Plan Document for more details.*

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